

TARDIVE DYSKINESIA (TD) IS TREATABLE

KNOW YOUR OPTIONS AND SPEAK UP ABOUT YOUR PREFERENCES

If you're diagnosed with TD, treatment may help you manage your uncontrollable body movements. The type of prescription medicine FDA approved and recommended to treat TD is a VMAT2 inhibitor. But not all VMAT2 inhibitors are the same.

By understanding your treatment preferences and discussing them with your healthcare provider, together you can decide the best TD treatment for you and your goals. Use this form to help guide the conversation.

1 How often would you prefer to take your medication?

- Once daily
 Twice daily
 No preference
-

2 How do you prefer to start a new medication?

- Start on an effective dose
 Start low and increase slowly to try and reach an effective dose
 No preference
-

3 Do you prefer to take your medication with a meal?

- Yes
 No
 No preference
-

4 Do you have difficulty swallowing pills whole?

- Yes
 No
 Sometimes
-

5 How important is it that your medication can be taken with your current mental health treatment?

- Very important
 Somewhat important
 Not important
- Not applicable
-

6 Does your medical history include any of the following conditions?

(select all that apply—this may be important for your healthcare provider when choosing the right treatment)

- Diabetes
 High blood pressure
 Heart disease or recent heart attack
- High cholesterol
 Alcohol or substance use
 None apply
- Kidney problems
 Liver problems
 Other: _____

LEARN MORE ABOUT A TD TREATMENT OPTION AT TREAT-TD.COM

